



Person Centered Thinking Tools

As a part of the Learning Community, Parents Helping Parents encourages you to attend a Person Centered Thinking Training before using these tools. At the training, you will learn about these tools.

Videos:

"Definitions. What is meant by person centred approaches, thinking and planning?"

<https://youtu.be/tvANuym5VXY>

"Understanding Important To and Important For"

<https://youtu.be/gghuJyjsbmc>

"Rituals and Routines"

<https://youtu.be/vDRRD3hYaSg>

Get Started with a One Page Profile:

<http://www.david-shapiro.net/onepageprofile.html>

Additional Templates and Online Tools:

- For those with Chronic Health Issues you may develop plans online and print. <http://www.thinkaboutyourlife.org/>
- One Page Profile Templates
<http://www.thinkandplan.com/one-page-profiles.html>
- Think and Plan tools for those with training in Person Centered Thinking
<http://www.thinkandplan.com/person-centred-thinking.html>