

2018 PHP Autism Speaker Series & Parent Support Group

Autism Speaker Series Details	Support Group Meeting 6:30 to 8:30PM	Sign in 6:15 to 6:45PM
<p>February 8, 2018: Play Dates and Beyond! Peer Interaction from Preschool through the Teen Years.</p> <p>Learn practical application and activities designed to minimize stress in the home while incorporating purposeful social interaction for the preschool child through the teen years.</p> <p>Speakers: Debby Hoffman, M.A. CCC-SLP and Sue Day, M.S. CCC-SLP Owners Communication Zone in San Jose</p>	<p>May 10, 2018: Special Needs Financial Planning</p> <p>This workshop will give you a clear understanding of what the special needs planning process is, including an in depth look at special needs trusts, letters of intent, life care planning, ABLE accounts and obtaining and preserving need based government benefits. You will learn how to avoid common mistakes parents often make that can be detrimental to their child's future.</p> <p>Speaker: Ken Prodger, CERTIFIED FINANCIAL PLANNER (CFP®) & Chartered Special Needs Consultant (ChSNC®).</p>	<p>September 13, 2018: Helping Young Children with Autism Thrive</p> <p>Learn treatment approaches, calming techniques, tips for children who are starting school and reasons for why medication may be considered.</p> <p>Speaker: Trena Sutcliffe, MD, Sutcliffe Developmental & Behavioral Pediatrics</p>
<p>March 8, 2018: "A Perspective Unheard"</p> <p>Matteo Musso, a 14 year old non-vocal teen with autism, shares his truth through a letter board. Find out his perspective on life as he experiences it through the lens of autism. Bring your questions regarding stims, diet, attitude, behaviors, school, therapies, exercise, and anything else you want to know.</p> <p>He is one of the speakers at the AutismOne conference coming up this May (2018) and he was on the same panel as Temple Grandin at the 2017 USAAA Autism and Asperger's World Conference in Oregon.</p> <p>Speakers: Matteo and his mother Annette Musso</p>	<p>June 14, 2018: Autism and Anxiety – how to support your child</p> <p>While many children and individuals with ASD are anxious about new situations or changes to routine, some experience symptoms of anxiety that are above and beyond what can be explained by ASD alone. Come explore anxiety, what it is, how it is diagnosed, and ways to support your child.</p> <p>Speaker: Christina Altemueller, LMFT</p>	<p>October 11, 2018: Experienced Autism Mom Panel – bring your questions!</p> <p>Find out how they handled challenges, what they would do differently and anything else you would like to know.</p> <p>Speaker: Mary Burkhart, Autism Mom & Former Autism Support Group Facilitator</p> <p>Heidi Friedman, Esq.- Special Education Advocate, Mom of 3 Sons with Autism</p> <p>Suzanne Francisco, advocate in law school, Single Mom of 3 Kids with Autism And more!</p>
<p>April 12, 2018: Creating An Appropriate IEP</p> <p>The task of knowing what your IEP rights are and what to ask for can seem daunting. By law, an appropriate IEP should prove your child is making "effective progress" in all areas of need. Learn how to prepare for the IEP Meeting, read and improve your child's IEP, create measurable goals, and how best to navigate through the IEP process.</p> <p>Speaker: Heidi Friedman, Esq.- Special Education Advocate, Mother of 3 Sons with Autism</p>	<p>August 9, 2018: Executive Function - Taming the Homework Battles</p> <p>Is homework a battle in your house? Do you feel like you are always nagging your child/teen to stop watching YouTube videos? Executive function skills (organization, time management, planning/prioritization, self regulation and study skills) are at the heart of these parent/child confrontations. We will take a look at how students can be taught to take a look at their actions and analyze them so that they can understand how to make positive changes to their academic motivation.</p> <p>Speaker: Phillip Roberts, CEO Goal Oriented Academics & Learning Sciences (GOALS)</p>	<p>December 13, 2018: Topic to be announced</p> <p>Speaker: Elisa Song, MD, Healthy Kids Happy Kids</p> <p>Facilitated by Kat Kanaaneh, PHP's Autism Support Group was a lifeline for her when her son was diagnosed 10 years ago. At her blog (www.StrivingMamas.com) she shares her experience with other moms that have kids with autism.</p> <p>**Please note: July 12 & Nov 8 are regular support group mtgs.</p>

Parents Helping Parents Phone: 408-727-5775

www.php.com/autism-spectrum-disorder