Community Report

Empowering parents of children with special needs
PHP supports, educates, and inspires families and the community to build bright futures for children with special needs.

On behalf of the more than 5,500 children, families and professionals served by Parents Helping Parents, I thank you for your ongoing commitment to empowering families of children with special needs throughout our community. We are grateful for the amazing and dedicated team of donors, volunteers, board members and employees who make Parents Helping Parents a quality resource for families in need. Your commitment to Parents Helping Parents makes a real difference.

Because of you, families thrive!

With gratitude for your generosity,
Maria Daane, Executive Director

Because of You accomplished amazing things in FY2017-18!

- PHP provides more than 18,000 services each year!
- 99% of all PHP program participants report having a high quality experience.
- PHP social media outlets have more than 12,000 combined engagements each month.
- Daily traffic to the new PHP website doubled from the old website!
Cindi’s Story

All the encouragements of ‘he’ll grow out of it,’ and murmurrings of ‘geez, what kind of parent is she?’ came crashing down to a diagnosis of ADHD, sensory integration disorder, and expressive language disorder. We couldn’t finish a playdate without someone getting hurt from an impulsive outburst or everyone witnessing a tantrum in full force.

I started attending the PHP LD/ADHD support group and lectures every month; I cried over PHP library books and found amazing community resources. I shared my experience with parents going through the same thing with their children. Parents Helping Parents was there the entire time, helping me to become an informed parent and empowered advocate for my son with special needs.

Slowly I learned what to say, what to do, and what to expect to maintain peace in my house and in my heart. I shared that valuable information with my husband and daughter, and then with other families. As my son grew, the Aspergers and bipolar diagnoses came. Today, my son is in college. The PHP community became my helpful, extended family. All is well one day at time with Parents Helping Parents.

— Cindi Savelli
The all-new PHP website is the first major achievement in our goal of reaching more than 50,000 families by 2020.

More than 52,000 children are enrolled in special education programs in Silicon Valley.

43% of families with children with special needs have trouble accessing public insurance; 30% don’t have adequate health insurance coverage.

65% of parents cut-back on working hours or totally stop working to care for their children with special needs.

35% of families have difficulty accessing community based services.

70% of youths with complex special needs do not receive services necessary to transition to adulthood.

"I always say that things are never easy. You’re going to cry and you’re going to get frustrated. But if you’re receptive and listen, you get to a point of seeing that all things are possible. PHP workshops, trainings, and support teach me that anything is achievable. After I learn something, I implement it for my son, and then I always share it with other parents. To me, PHP is family. All of the support I am provided, I share it with other parents, and it all goes back to PHP.

— A Proud PHP Parent
Since 1976, PHP has been led by a volunteer board of directors composed of dedicated parents of children with special needs and community leaders.

For more info visit us at www.php.com