



LD/ADHD Lecture Series and Parent Support Group

Parent Panel

Moderator: Sharmila Roy, Ph.D.

Director/Founder: Myndflex

Benefit from the personal journeys of parents whose children have LD/ADHD/EF challenges – who better to coach and encourage you in your dedicated mission?! Hear candid accounts of their varied family situations and gain insight from their years of struggles and significant successes. Go home revitalized and ready to more confidently address your child/teen's needs.

When: Tuesday, April 9, 2019
7:00-8:45 p.m.

Where: Parents Helping Parents
Sobrato Center for Nonprofits – San Jose
1400 Parkmoor Avenue, Suite 100
San Jose, California 95126

Registration: Please arrive 15 minutes ahead of time to sign in, fill out paperwork and make payment

Cost: \$15 unless a current PHP member

Questions: LD-ADHD@php.com

Parents/caregivers of children with LD and/or ADHD challenges are welcome to attend the monthly **Parent Support Group** that meets before the Lecture, starting at **5:45 p.m.** promptly. Share your experiences and concerns with others who can understand your fears and frustrations and will appreciate new ideas and resources. Come with one question/issue that is of high concern so that we can address it as a group. No charge for this one-hour support group session, but we do need you to sign in at registration.