Empowering Families of Children with Special Needs

Parents Helping Parents
Building Bright Futures for Children with Special Needs

COMMUNITY REPORT
The support that carried me through some of my life’s most challenging days came from Parents Helping Parents. This organization’s power is bonded by love. —A Proud PHP Parent

**PHP is serving more families in new ways!**

- The PHP website serves more than 3,000 families each month with relevant, up-to-date information.
- PHP E-Learning videos, available in 5 languages, were viewed more than 30,000 times in 2019.
- Ongoing PHP outreach efforts are helping to reduce the service disparity gap for underserved families.
- PHP social media accounts have 3x’s more engagement over last year, reaching more than 15,000 subscribers monthly.
- New programs, like The BFF Project, are fostering new friendships among adults with disabilities.
- 98% of all families served by PHP report being treated with respect.

Today, more than 25,000 families receive support and training through innovative PHP programs and online initiatives. We are well on our way to reaching our goal of serving more than 50,000 families in 2020!

Donate today at www.php.com!
“At the beginning of learning about our son Enoch’s autism diagnosis, we were so uncertain. Then we started a relationship with PHP. At the beginning, we didn’t know that there was a bridge. A bridge between being unsure and being absolutely certain.

PHP is that bridge.

PHP provides the resources and the support that works for Enoch and our entire family. PHP staff put time and care into every conversation with us.

There is absolutely no substitute for that.”

—Junior Martinez, Proud Father of Enoch
From the Executive Director

I am proud to share that in the past 12 months, because of your help, Parents Helping Parents has grown to serve more families than ever before! Our innovative E-Learning Library, online resources, and social media efforts are reaching far and wide. We are expanding into new communities in the Bay Area. We opened a new Gilroy office and are offering more trainings outside of Santa Clara County. And we are offering more programs for individuals with special needs throughout the lifespan, from infancy to adulthood. The need for PHP’s programs and services remains high. The continued support from volunteers, donors, board members, and employees, like YOU, bolsters our commitment to building bright futures for families of youth and adults with special needs.

With gratitude,
Maria Daane, Executive Director

Parents Helping Parents is proud to serve more families today than ever before! We do this throughout all stages of life. Families that received support and training with their infant decades ago, continue to receive help today with their child’s transition into adulthood.

Families are at-risk! YOU can help!

40% of families of kids with special needs do not feel engaged in shared decision making with providers. Additionally, there is 2-3X increased likelihood of parenting stress in these families.

34% of families with children with special needs lack adequate health insurance.

85% of youth in juvenile detention have special education eligible disabilities, yet only 37% receive services.

26% of all suspensions, and 36% of the suspensions for defiance are given to special education students in Santa Clara County (they make up just 11% of the overall population).

32% of students with disabilities did not graduate high school in 2018, which is twice the average overall in Santa Clara County.

41% increase in the rate of parent reported autism diagnoses in the U.S. from 2015 to 2018.


As a parent of an individual with special needs, I have advocated for my son for over 20 years. Parents Helping Parents continuously provides me with support and guidance to become the best advocate I can. Volunteering at PHP helps me support PHP employees, so that they can concentrate on supplying those services to more people.

—Laura McGeever
We are grateful for our amazing and dedicated team of donors, partners, volunteers, board members, employees, and more, who make Parents Helping Parents a quality resource for families of youth and adults with special needs.

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100 Women Charitable Foundation
Adobe Foundation
Anonymous Family Foundation
California Dept. of Developmental Services
California Department of Education
California State Council on Developmental Disabilities
Cisco
City of Mountain View
Columbus Foundation
Commonwealth Credit Union
County of Santa Clara, Behavioral Health Services Department
Disability Communications Fund
Doolittle Fund of the Community Foundation for Monterey
First 5 of Santa Clara County
The Health Trust
Healthier Kids Foundation
Intero Foundation
The Jockers Family Foundation
Joseph Tse Foundation
Links for Life Foundation
Mission City Community Foundation
Morrison & Foerster Foundation
Monterey Peninsula Foundation
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**Families Served by Diagnosis - By Percentage**

- **Autism**: 36.7%
- **Speech/Language:** 7.7%
- **ADD**: 7.7%
- **Specific Learning Disability**: 7.8%
- **Unknown**: 17.1%
- **Traumatic Brain Injury**: 0.3%
- **Deaf/Severe Hearing**: 0.1%
- **No Disability**: 0.1%
- **Orthopedic Impairment**: 17%
- **Visual Impairment**: 0.5%
- **Hearing Impairment**: 0.9%
- **Multiple Disabilities**: 2.0%
- **Emotional Disturbance**: 3.1%
- **Health Impairment**: 5.0%
- **Intellectual Disability**: 5.9%
- **Undisclosed**: 3.5%
YOU help families!

Donate today! www.php.com

PHP has been with us since our daughter’s birth more than 20 years ago. As her and our entire family’s needs change, we receive the support and information we need. As parents, we are more effective advocates and better able to cope with the daily challenges of parenting a child with special needs because of Parents Helping Parents. Our daughter receives the resources and training she needs to be more self-sufficient and participate to her best ability in our community. Everyone wins!

— A Proud PHP Parent