



# PHP Parents Helping Parents



## Who We Are

Parents Helping Parents provides support, information, and training to help families raise loved ones of any age with any disability or diagnosis.



Parents Helping Parents is present for families through life transitions, from birth, to early intervention and school, to adulthood and independent living. PHP helps families understand and navigate complex systems of care for their loved one of any age with any disability or diagnosis.



The great majority of PHP program staff are parents of a loved one with a disability, making PHP uniquely qualified to serve families.



## How We Help



### SPECIAL EDUCATION

PHP teaches families about their educational rights and the special education process, including complex Individualized Education (IEP) and 504 plans.

### CONNECTION & SUPPORT

PHP offers multiple support groups for parents and caregivers of loved ones with a disability. PHP also provides opportunities for parents to connect with and learn from each other.



Learn More!

## Diagnoses Supported

- Autism
- ADD/ADHD
- Dyslexia and other learning differences
- Chronic illness
- Mental health conditions
- Developmental & intellectual disabilities
- Physical disabilities
- And more!

## Services Provided

- Webinars
- 24/7 access online
- E-Learning Library
- Resource Directory
- 1:1 consultations
- Support groups
- Neighborhood offices
- Multilingual support
- And more!

## INFORMATION & RESOURCES

PHP provides information based on an individual's disability, diagnosis or concern, age, and grade in school. Topics range from financial assistance and early intervention, to transition to adulthood and caregiver support.

## MILESTONES

PHP explains important transitions in a person's life and the best ways to navigate them.

## ASSISTIVE TECHNOLOGY

PHP understands the benefits of assistive technology and is a premiere provider of AT support and information.

PHP serves families in Santa Clara, San Mateo, Santa Cruz, Monterey & San Benito counties. Multilingual staff are available. PHP is a non-profit 501(c)3 agency. Most services are FREE.

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## 47 Years of Dedication

