



Parents Helping Parents
*Building Bright Futures for
Children with Special Needs*

Community Report

Now I know we
can deal with this
diagnosis because
here are parents
who already have.
—Nicole



PHP provides support, training and information to families of children with disabilities—throughout the lifespan of their child.

Building on our strong history of serving.

We aim to reach 50,000 families by 2020 ten times the number we serve today

- More than 5,300 parents and professionals used our services over 18,000 times this year—an increase of 6% annually.
- PHP staff presented at 10 state conferences as thought leaders in the special needs community. We also serve parents by attending dozens of regional, state and national meetings to ensure the concerns of families of children with special needs are heard.
- Over 4,000 parents and professionals attended our workshops and special interest support groups last year.
- Staff member Jan Tuber was part of the Dyslexia Guidelines Work Group commissioned by the California Dept. of Education. The guidelines published by the work group are being used by teachers and parents to identify and assess students, and to plan, provide, evaluate and improve educational services for them.

- We will harness the power of the Internet to bring knowledge to people in a distance-learning environment that breaks down barriers such as time, geographic, financial, and physical constraints.
- We've already started to reach more families by conducting a pilot program of a webinar series and live streamed two workshops, reaching over 2,500 people.

The Need is Accelerating!

Our goal of reaching the 50,000 families in the Silicon Valley region is just a start toward filling the need in California.

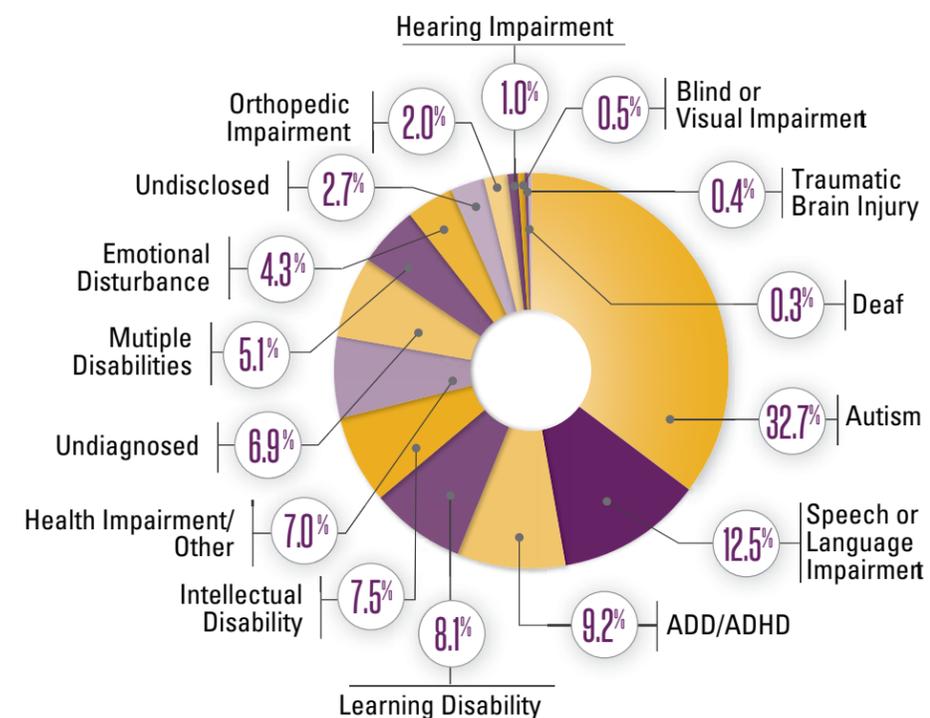


Please help us achieve our ambitious goal of reaching 50,000 families by making a donation today.

— Hitesh Shah, Chair, Board of Directors, Parents Helping Parents

Donate Today at www.php.com

Families Served by Diagnosis



From our Executive Director

Stories like Nicole's are far too common. The emotional, physical and financial toll a child's special needs takes on the entire family can be overwhelming. PHP can be the one constant in the family's life as support, training and information are available to sustain them throughout the lifespan of their child.

With that as our guiding principle, our board set a 3 year goal of reaching 50,000 families by 2020 (ten times the number we serve today).

Our plan has two strategic directions:

- 1 Through technology, PHP will enable parents to use the content we offer when and how they need it. For example, we'll build on our successful seminars and parent support groups by offering more webinars and online groups. We'll help parents benefit from the ideas and support of the community wherever they may be and when it's convenient for them.
- 2 We will have an even stronger voice for families of children with special needs through increased visibility in the community and online. No family should suffer silently because they don't know about the information and support that PHP and its experienced team provides. We will ensure parents can find PHP.

This will only happen through the hard work of our amazing staff, board and volunteers, and with financial support from people like you.

You can make a difference today for children with special needs by making a donation at www.php.com.

Our children thrive thanks to your generosity!

Maria Daane, Executive Director

"I guess I was in denial when he was little," Nicole said. "I mean, sure David was behind the other kids in his preschool, but I just had no idea."

It was the preschool director who gently suggested to Nicole that David be evaluated at KidScope at Valley Medical Center. The diagnosis shattered Nicole's world: autism spectrum disorder or ASD.

"I felt like I failed as a mom," she said. "I was supposed to protect him, but how do you protect your baby from a monster like that?"

Autism has no known cure and there is no typical path of treatment that works for every child. Before therapies and resources can be discussed, parents have to absorb the news first. Fortunately, Nicole wasn't alone that day. Maria from PHP was at the KidScope Assessment Center specifically to meet with parents like her.

One of the most important things that parents agree they need is a community of other families who are dealing with similar diagnoses. Some believe it's first thing a family needs because those who've been through it understand their pain and confusion and can help them with the flurry of questions about therapists, resources, billing and school.

Nicole agrees. "It hasn't been easy, but we've got so many people on our side. Maria has answered so many questions for me! She held my hand and supported me through the worst time in our lives."

David, now 5, is making progress in his therapy. He responds to his name and can make brief eye contact. Nicole attends weekly parental support groups at PHP to learn more about ASD and resources for David.

"I'm so grateful to the people at PHP who were willing to share their experience with me," Nicole said. "Now I know we can deal with this because parents here already have"

Names and identifying features were changed and model photography was used to protect client identity.



Partner Organizations

- Ability Tools (f.k.a. AT Network)
- Autism Society
- Autism Speaks
- Argo IS
- California Children Services (CSS), Santa Clara County
- California Department of Education
- CaPROMISE
- Child Abuse Prevention Council, Santa Clara County
- Department of Developmental Services (DDS), State of California
- Disability Communication Fund (DCF)
- Early Start Family Resource (FRCNCA), California
- First 5 Santa Clara County
- IDEAs that Work, U.S. Office of Special Education
- KidScope Assessment Center for Developmental & Behavioral Health
- OSEP, U.S. Office of Special Education
- Parent to Parent USA
- San Andreas Regional Center
- Santa Clara County Behavioral Health
- State Council of Developmental Disabilities

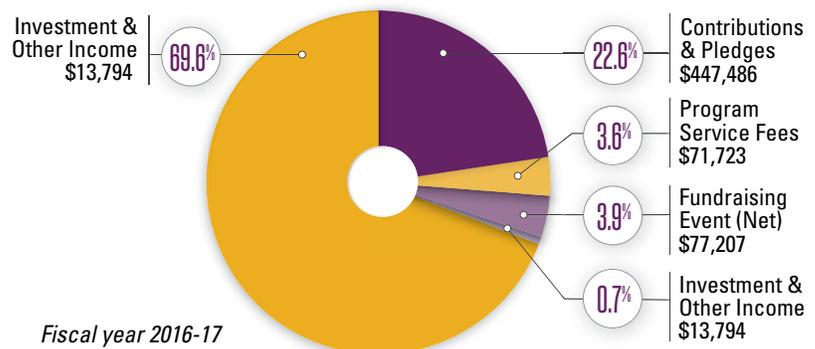


Financials

Revenue \$1,978,312 (excluding In-kind)



Expenses \$1,887,727 (excluding In-kind)



PHP helped me get through very challenging times.

I am so grateful to PHP for all the help and support for the last 20 years. There is a level of support, understanding, and education I find nowhere else. I've met parents in various support groups who literally held my hand while dealing with seizures, medication changes, school issues and challenging behaviors.

Whenever I called, someone always calmly offered me options and sent a follow up email for reference. The support has been a wonderful blessing, lifting me up when I lost hope and was depressed. — Joanna

Thank You

to our amazing and dedicated team of donors, volunteers, board members and employees who make Parents Helping Parents a quality resource for families in need.